



Dear Colleague,

Visceral Manipulation (VM) seminars as developed by French Osteopath Jean-Pierre Barral are coming to New Zealand in 2011.

These seminars were previously managed through the Upledger Institute. In 2007 Jean-Pierre Barral and John Matthew Upledger formed The Barral Institute to manage the growing Visceral and Neural Manipulation Certification Programs. The Barral Institute continues to work closely with The Upledger Institute and the International Alliance of Healthcare Educators.

### **Visceral Manipulation**

Essential for practices specializing in orthopaedics, women/men's health, paediatrics, geriatrics, cardiovascular and pulmonary, as well as sports medicine.

- Did you know that the attachments of the sigmoid colon and the cecum on the anterior sacroiliac joint could be the cause of your client's SI dysfunction?
- Did you know the ligaments that attach from the superior border of the lungs to the cervical spine and first rib can tighten due to scar tissue from a lung infection, and this can cause brachial plexus issues?
- Did you know that Jean-Pierre Barral, DO, the developer of Visceral Manipulation, has found that 90% of all musculoskeletal disorders have a visceral component?

If you want to know how to evaluate and treat the body for these visceral components, begin this journey with Visceral Manipulation: Abdomen 1 and 2.

### **Christchurch, NZ**

VM1 August 4-7, 2011 Instructor: Dee Ahern, RPT  
VM2 August 11-14, 2011 Instructor: Dee Ahern, RPT

For enquiries or to register in the above or future courses contact the Sponsor – Xanthe Ashton  
xanthe@upledger.co.nz  
Phone: +64 (03) 322 4858

### **Registration Information:**

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Mobile \_\_\_\_\_

Email \_\_\_\_\_

Certification details e.g. Physiotherapist/Massage Therapist \_\_\_\_\_

Name of class/classes registering for \_\_\_\_\_



Payment details, please indicate your preferred payment method:

1. Cheque enclosed made payable to Barral NZ
2. Electronic payment to account ASB 12-3441-0021097-00, give name and course as reference
3. Credit Card (Mastercard/Visa only) please give card number, expiry date, name and security code (please note there is a 2.5-4.5% transaction fee for processing credit cards)

Send posted applications to: Barral NZ, PO Box 37-199, Halswell, Christchurch 8245

**Course Fees:** NZ\$795 each

- Early bird fee NZ\$745 – NZ\$150 deposit to reserve a place, balance due 2 months prior
- Full fee NZ\$795 – NZ\$160 deposit to reserve a place, balance due 1 month prior
- Repeat fee NZ\$600 – NZ\$150 deposit to reserve a place (places limited), balance due 1 month prior
- Student fee NZ\$400 – NZ\$50 deposit to reserve a place, balance due 1 month prior (VM1 only)
- VM1 corresponds with former VMIA, and VM2 with VM1b respectively.

**VM1 Course Highlights:**

- Examine organs such as the liver, stomach, gallbladder, duodenum and large intestine, and their relationship to structural or neuromusculoskeletal dysfunction.
- Learn new evaluation techniques to identify areas of primary restriction within the abdominal cavity along with the most effective order in which they should be addressed during your treatment plan.
- Explore the dynamics of motion and suspension in relation to organs, membranes and ligaments.
- Participate in supervised, hands-on sessions that guide you through specific techniques for locating and evaluating each organ, along with the effects and contraindications.

**Prerequisite:** You must be a licensed or certified healthcare practitioner.

Required Advance Reading:

Visceral Manipulation (VM1) &/or Visceral Manipulation 11 (VM2) by Jean-Pierre Barral, DO.

A good Anatomy Text (eg Netter, Clemente) is essential.

“Listening to the messages of your body” (Barral) comes highly recommended as an overview of Visceral Manipulation written for clients, also excellent for practitioners

**VM2 Course Highlights:**

- Explore the deeper structures within the abdominal cavity, focusing on the kidneys, pancreas, spleen, greater omentum, peritoneum, and their connective or suspensory tissues.
- Learn about the concept of restriction planes, mobility and motility.
- Begin to incorporate multiple long-lever techniques into your VM work.
- Participate in supervised, hands-on sessions that guide you through specific techniques for locating and evaluating each organ, along with the effects and contraindications.

**Prerequisite:** VM1 (Abdomen 1) or VMIA (Visceral Manipulation IA).

Required Advance Reading: Visceral Manipulation II by Jean-Pierre Barral, DO.

You may purchase the textbooks at [www.barralinstitute.com](http://www.barralinstitute.com)



Jean-Pierre Barral, D.O., MRO(F)

**Vibrant Praise for Visceral Manipulation:**

“I would really like to say thank you for going to such lengths to put on the course. It was outstanding on all levels - content, organization and group dynamic. Looking forward to seeing you again and doing additional modules.”

- R.S., Japan

“The discussion that occurred as we worked (during the hands-on portion of the seminar) was very helpful for integrating the work into our practice, as well as seeing the relevance and relationships. I had a wonderful day working with my clients and felt that it was a due to the integration of the work that resulted from this course.”

- P.H., Canada

“I know that (the work) will have a profound effect on my practice. In fact I immediately began reading the VM2 book, and it is just what I am looking for.

- R.H., U.S.A.