

Dear Colleague

SomatoEmotional Release 1 is open for registration and you are invited to attend. The instructor will be Rebecca Ridge and the venue will be somewhere in Christchurch. The dates are:

11-14 February 2012 (Saturday-Tuesday)

Bookings are now being taken in NZ\$ either by cheque, electronic transfer or credit card, please see the details below. For enquiries or to register for SER1 or future courses contact the Sponsor ó Xanthe Ashton

xanthe@upledger.co.nz
Phone: +64 (03) 322 4858

Course Fees: \$NZ\$795

Early bird fee NZ\$745 ó NZ\$150 deposit to reserve a place, balance due 2 months prior (11 Dec)

Full fee NZ\$795 ó NZ\$160 deposit to reserve a place, balance due 1 month prior (11 Jan)

Repeat fee NZ\$600 ó NZ\$150 deposit to reserve a place, balance due one month prior (11 Jan)

SERI Highlights:

SER is a therapeutic process that uses and expands on the principles of CranioSacral Therapy to help rid the mind and body of the residual effects of trauma. SERI offers applications designed to enhance results using CST and other complementary therapies.

Course Content:

- Assess and mobilize the Avenue of Expression working through more than 10 different body components, including the thoracic inlet, hard palate and hyoglossal tissues.
- Locate and release Energy Cysts.
- Release suppressed emotions that may be inhibiting complete structural releases.
- Refine listening and comprehension skills.
- Improve palpation and whole-body evaluation skills.

Prerequisite: CST2

Required Advance Reading: *SomatoEmotional Release* by John E. Upledger, DO, OMM, and *Getting to Yes* by Roger Fisher and William Ury

Textbooks can be purchased from Upledger NZ by contacting Xanthe Ashton by phone (03) 322 4858 or online from the USA at www.upledger.com

SER1 Registration Information:**Course Date:** 11-14 February 2012

Name _____

Address _____

Phone _____

Mobile _____

Email _____

Payment details, please indicate your preferred payment method:

1. Cheque enclosed made payable to Upledger NZ
2. Electronic payment, give name and course as reference:
Bank - ASB
Account number - 12-3441-0021089-00
Account name - Xanthe Ashton T/A Upledger NZ
SWIFT code for international electronic transfers - ASBBNZ2A
3. Credit Card (Mastercard/Visa only) please give card number, expiry date, name on card and security code (please note there is a 4-6% transaction fee for processing credit cards)

Card Type (Mastercard/Visa)

Card Number _____

Expiry date _____

Name on card _____

Security code _____

Signature _____ Date _____

Amount to be charged now:

Deposit _____ OR Full amount _____

Permission to charge balance to credit card prior to course

Yes/ No

Send posted applications to: Upledger NZ, PO Box 37-199, Halswell, Christchurch 8245

Cancellation Policy: Tuition is fully refundable up to 30 days prior to a class or may be applied toward another class at any time. A NZ\$50 processing fee applies for cancellations made inside of 30 days. Cancellation requests must be made in writing.