

Dear Colleague

CranioSacral Therapy 1 for Paediatrics is open for registration and you are invited to attend. The instructor will be Carol McLellan CMT, CST-D and the venue will be somewhere in Christchurch. The dates are:

19-22 July, 2012 (Thursday-Sunday)

Bookings are now being taken in NZ\$ either by cheque, electronic transfer or credit card, please see the details below. For enquiries or to register for Paediatrics 1 or future courses contact the Sponsor ó Xanthe Ashton

xanthe@upledger.co.nz
Phone: +64 (03) 322 4858

Course Fees: \$NZ\$845

Early bird fee NZ\$795 ó NZ\$150 deposit to reserve a place, balance due 2 months prior (19 May)

Full fee NZ\$845 ó NZ\$160 deposit to reserve a place, balance due 1 month prior (19 June)

Repeat fee NZ\$600 ó NZ\$150 deposit to reserve a place, balance due one month prior (19 June)

Paediatrics 1 Highlights:

- Learn how early therapy on newborns and infants can possibly reduce the percentage of central nervous system problems
- Explore the developmental landmarks that occur month by month during and after gestation
- Practice working with infants and children in a supervised environment
- Discover a 10-Step Protocol you can perform to help evaluate a newborn
- Discuss ways to apply CST to children with learning disabilities, cerebral palsy, seizures or other health challenges
- Explore special topics such as understanding the birth process and treating the pregnant mother and fetus along with the new mother and newborn, and working in a conventional obstetrical setting

Course Content:

CranioSacral Therapy for Paediatrics 1 addresses the special application of CranioSacral Therapy, SomatoEmotional Release® and Energy Cyst release on newborns, infants and children. The course will take you on a playful journey through the differences in anatomy between babies, children and adult craniosacral systems and how, as a result, we adapt techniques appropriately.

You will learn how to engage and connect with children who are not neurotypical and begin to get an understanding of the neurology behind unusual behaviours, neurological development and reflexes. You will practice feeling the CS rhythm and working on a moving target!

After gaining a better understanding of the birth process, there will be an opportunity for you to complete your biological process around your own birth, invaluable for learning how to hold a space for someone who has yet to resolve their own birth issues.

The development of a grounded therapeutic presence runs through the whole of this course as it is even more important when working with babies, children and their families than when working with an adult. A child grows in a family and so family dynamics are addressed and how as a therapist you can work with this and recognise what is happening.

There will be ample opportunity for supervised practice sessions with babies and children and their families on the third and fourth day of the course. By the end of the four days you will have gained a good understanding of paediatric work, and confidence in working with children.

The infants and children are provided solely by you and your classmates, and often receive immeasurable benefits from attending. We have received many letters from the parents of the children who were involved in the workshops commenting on the impact this brief opportunity has had on their families. Unfortunately, if participants are unable to provide a sufficient number of children, the educational quality of the seminar will be impacted. Do not assume others are able to bring a child - please complete and return the Demonstration Application form, available at: <http://www.upledger.co.nz/enrole/CSPDemoApp.doc>

Also available is the Frequently Asked Questions about what is expected of the children/demonstrations at <http://www.upledger.co.nz/enrole/CSPFAQs.doc>

Supplies: During the course of the workshop some of the techniques practiced may require the use of gloves. We will supply latex gloves for use at the class, however, if you are latex sensitive please bring a box of an alternate material.

Times: Registration begins at 8:00 a.m. on the first day of class. Welcome tea and coffee and morning and afternoon tea and coffee will be served daily. Subsequent class hours are 9:00 a.m. to approximately 5:00 p.m. daily, and the last day will meet from 8:00 a.m. to approximately 3:30 p.m. Class ending times are approximate, and may run late based on class participation - lab sessions on day 2 have run as late as 7:00 p.m. at previous classes.

Prerequisite: SER1

Required Advance Reading:

To help you prepare and derive maximum benefit from the program, we recommend you read *A Brain is Born* by John. E. Upledger. *DO, OMM, and Out of Sync Child: Recognizing and Coping with Sensory Processing Disorder* by Carol Stock Kranowitz, available at <http://shop.barralinstitute.com/Product-List/Health-and-Wellness/The-Out-of-Sync-Child>.

Textbooks can also be purchased from Upledger NZ by contacting Xanthe Ashton by phone (03) 322 4858

Paediatrics 1 Registration Information:

Course Date: 19-22 July 2012

Name _____

Address _____

Phone _____

Mobile _____

Email _____

Payment details, please indicate your preferred payment method:

1. Cheque enclosed made payable to Upledger NZ
2. Electronic payment, give name and course as reference:
Bank - ASB
Account number - 12-3441-0021089-00
Account name - Xanthe Ashton T/A Upledger NZ
SWIFT code for international electronic transfers - ASBBNZ2A
3. Credit Card (Mastercard/Visa only) please give card number, expiry date, name on card and security code (please note there is a 4-6% transaction fee for processing credit cards)

Card Type (Mastercard/Visa)

Card Number _____

Expiry date _____

Name on card _____

Security code _____

Signature _____ Date _____

Amount to be charged now:

Deposit _____ OR Full amount _____

Permission to charge balance to credit card prior to course

Yes/ No

Send posted applications to: Upledger NZ, PO Box 37-199, Halswell, Christchurch 8245

Cancellation Policy: Tuition is fully refundable up to 30 days prior to a class or may be applied toward another class at any time. A NZ\$50 processing fee applies for cancellations made inside of 30 days. Cancellation requests must be made in writing.